

Cognitive Stimulation Therapy Programme

For those in Salisbury living with dementia

Delivered by Alzheimer's Society and designed to be relaxed and fun, these evidence-based therapy sessions help those living with early to moderate dementia regain their self-confidence, express their views and work with others in a sociable setting.

Each programme is 14 sessions long and we'll be running multiple programmes throughout the year.

To find out more:

Please email wiltshire@alzheimers.org.uk

or call 01249 443469

Dementia Support in Wiltshire is supplied by independent charity, Alzheimer's Support. To speak to a Dementia Advisor, please call 01225 776481



**Alzheimer's
Society**

Together we are help & hope
for everyone living with dementia